

Sedgeberrow

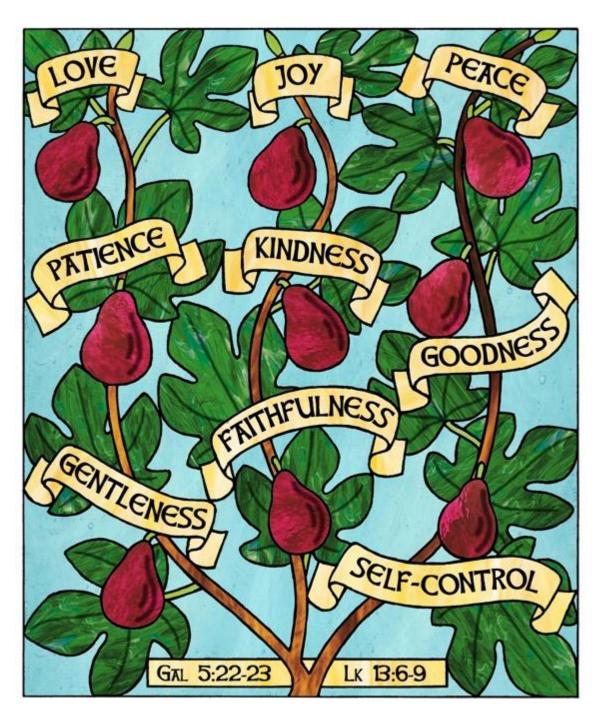


Hampton – Fairfield – Thistledown Eastwick Park – Charity Crescent



**Hinton on the Green** 

### THE HERALD



### Office Email

Please note the email address for the Parish Office:

### office@hamptonchurch.org.uk

Vicar and Rector	In Interregnum
Honorary Assistant Priests	The Revd Patrick Wooster Tel: (01386) 45907
Licensed Lay Ministers	Elaine Major (01386) 40722
(Readers)	Laura Hillman (01386) 41574
Parish Administrator	The Parish Office has closed. See details on Page 4
Caryl Mills, is working	(01386) 446381 not in use at the moment
from home	To contact: email: office@hamptonchurch.org.uk
She will be in Church on	Tel: 07846 281 759
Friday mornings	

Church Wardens

Charen Warachs	
St Andrew's,	Margaret Thomson (01386) 47541 (Lead)
Hampton	Jane Wisnievski (01386) 48186
St Mary the Virgin,	Ann Banks (01386) 881623
Sedgeberrow	Geraldine Smith (01386) 881344
St Peter's,	Michelle Sanders 07858 149197
Hinton-on-the-Green	

The Herald is published monthly on the last Sunday of the month prior to the publication date. Items for inclusion should be received by 5th of the month prior to the publication date or by special agreement.

Articles are submitted on the understanding that they may be edited to fit the available space.

Articles can be submitted by email to: editor@hamptonchurch.org.uk

or sent to the editor at The Parish Office, Hampton Vicarage, Pershore Road, WR11 2PQ Large Print editions of the magazine are available on request.



### The Importance of Prayer from the Dean of Worcester

I really enjoy watching crime drama on television, especially the easy ones like Midsomer Murders or Father Brown. It's always surprising that in these series, not only that there are so many horrific crimes in such a small area, but that a remarkably high number of them seem to involve churches or members of the clergy. I suppose it's because churches make for beautiful scenes and the clergy are, well, always an intriguing lot! Whenever a detective needs to visit a church, have you noticed that there are always dozens of candles lit regardless of what is going on in the church? Even if the vicar is just tidying hymn books (another seemingly popular activity of the clergy in crime dramas) the altar is a blaze with candlelight.

I always appreciate the opportunity to light a candle when saying a prayer as I visit churches across the Diocese, and I've always taken comfort in the notice often placed near a candle stand, that a flame continues to shine even after our brief prayer has ended.

In a seemingly dark world, which feels increasingly more fragile or unstable, with our norms and traditions challenged or overturned, the international and sometimes national scene concern us a great deal. Our prayers with their thoughts about the world's troubles and hopes for a peaceful and gentle future, bring light and life into our communities.

In churches across the Diocese people are praying, lighting candles, gathering with hope and concern - as people have done for centuries. Our church buildings provide shelter for our fears and our compassion and, situated in the heart of communities, they represent the place where all are invited to come together with common purpose.

The troubling news which brings instability to our world is now presented to us more quickly than ever, and more directly into our hands through phones, or social media increasing the volume of anxiety. In our day-to-day activities, the ordinariness of our lives, we are now more aware than ever of what demands our prayer no matter what we are doing.

Perhaps the scene of a country church with candles lit while the vicar endlessly tidies hymn books is not so far-fetched after all. Praying through our daily tasks and bringing the concerns of the world into our places of worship, is exactly our call as Christians. Our values of love and justice and compassion and freedom have never been more needed. As we pray for these gifts in the world, our diocese fulfils its mission to share hope and transform communities as we worship God and make disciples.

#### **Steven Edwards**

### In our Thoughts and Prayers

### A Prayer for the new Pope

Almighty God, shepherd and guardian of all,

We pray for your servant Pope Leo.

Grant him grace to follow in the footsteps of the Good Shepherd,

to preach the Gospel with boldness, to build up your people in unity and peace, and to serve them with humility and love;

through Jesus Christ our Lord. Amen.

### A Prayer for the environment

Your plundered earth, with its rich variety of endangered species, is crying out for healing.

Help us to be instruments of that healing, O Lord, and to redeem the harm we have done to the planet.

Amen.

### For all those who are sick, in special need or house-bound:

Gary Andrews; Mary Andrews; Guy Barnard; Sue Burdett; Harry Edwards; Caroline Evans; Ann Fletcher; Bev Koskina; Joan Parry; Keith Payne; Caroline Rusher; Steven Rhodes; Marie Smith; Marguerite Smith; Carol Thould; David Warrington; Jennifer Waters

### For those who have died, and all who mourn them:

Cyril Edward Thompson and Jack Massey

### The Benefice Office has moved!

Following the sale of the Vicarage, the Parish Office has now moved and will eventually be housed in an upgraded Vestry. Until the Vestry upgrade has been completed, the Parish Administrator, Caryl Mills will be working from home.

To get in touch, please email her on <u>office@hamptonchurch.org.uk</u> or telephone on 07946 281 759. It is hoped that the former number (01386) 446381 will be available again once the transfer can be made.

Caryl will be available at the church on Friday mornings, and a post box is available at the church for messages.

From the Registers - April 2025

No Baptism, Weddings or Funerals during April

### **Hampton Benefice**

### **Safeguarding Information**

We have adopted the national Church of England's robust procedures and guidelines. You can find out more about the national policies and procedures at: http://www.churchofengland.org/safeguarding.

Our Safeguarding Officer is:

Margaret Thomson 07917 726411.

The Diocesan Safeguarding Adviser, Hilary Higton, can be contacted on <u>07495 060 869</u>. If you have concerns about the immediate safety of someone, please don't delay, dial 999 and ask for the police.

#### **Contact us**

St Andrews Church, Pershore Road, Hampton, WR11 2PQ.

<u>office@hamptonchurch.org.uk</u>

07846 281759.

St Andrew's is part of the Diocese of Worcester

### St Mary the Virgin, Sedgeberrow

**Our next coffee morning:** Thursday 26 June at 10am There will be no coffee morning in July we will be having a Fete on **Saturday July 19th** at 2pm at Church.



Benefice Eucharist - Sunday 1 June - Sedgeberrow Benefice Eucharist - Sunday 29 June - Hampton

# New Cuppa, Cake and Chat Group Hampton Farm Shop Every Tuesday 2pm - 3pm £2.50 a cup

This group aims to give those in the local community who are new to the parish, a chance to come together for an informal chat, and make new friends with help from people from the Church community.

Or just come along to enjoy the company of others. Rev. Shellie Ward and Elaine Major LLM



### Events Update – June 2025

Benefice Eucharist	Sun	1 June 10.00am	Sedgeberrow
Schools Go Back	Mon	2 June	Hampton
St Andrew's Tots	Tues	3 June 9.30am	Scout & Guide Hall
Cuppa and Chat	Tues	3 June 2.00pm	Farm Shop
St Andrew's Tots	Tues	10 June 9.30am	Scout & Guide Hall
Cuppa and Chat	Tues	10 June 2.00pm	Farm Shop
Open Church	Sat	14 June 10.00 – 12.00	Hampton
St Andrew's Tots	Tues	17 June 9.30am	Scout & Guide Hall
Cuppa and Chat	Tues	17 June 2.00pm	Farm Shop
John Martin Service	Sun	22 June 6.00pm	Hampton
St Andrew's Tots	Tues	24 June 9.30am	Scout & Guide Hall
Cuppa and Chat	Tues	24 June 2.00pm	Farm Shop
Coffee Morning	Thurs	26 June 10.00am	Sedgeberrow
Benefice Eucharist	Sun	29 June 10.00am	Hampton
2 C's Afternoon Tea	Sun	29 June 2.30 – 4.30	Scout & Guide Hall

### **Sudoku Solutions (from p17)**

### Easy Sudoku

5	2	1	7	8	6	3	9	4
3	4	7	1	5	9	2	6	8
6	8	9	2	3	4	5	7	1
8	7	4	6	2	3	1	5	9
9	5	2	4	1	8	6	3	7
1	3	6	9	7	5	8	4	2
4	6	8	3	9	1	7	2	5
2	9	5	8	6	7	4	1	3
7	1	3	5	4	2	9	8	6

### **Medium Sudoku**

4	7	5	9	6	1	2	8	3
2	3	9	7	4	8	1	6	5
1	6	8	3	2	5	4	7	9
7	8	4	1	5	9	3	2	6
9	5	2	6	3	4	7	1	8
6	1	3	2	8	7	5	9	4
3	9	7	5	1	6	8	4	2
5	4	1	8	9	2	6	3	7
8	2	6	4	7	3	9	5	1

### **Funerals pilot in Pershore and Evesham**

A pilot project to support parishes and increase the number of church-led funerals will be starting in Pershore and Evesham Deanery in the summer.

It is hoped that the project will help to reduce the amount of admin surrounding funerals for parishes as well as make it easier for funeral directors to find a CoE minister to lead a funeral. The project has already been running in the Diocese of Gloucester since 2019/20 and since that time, there has been around a 10% increase in church-led funerals for those taking part. This contrasts with a decline of approximately 11% nationally over the same time period.



Area Dean, Sarah Dangerfield explains why she wanted to be involved. "In church-led funeral services, people hear a message of hope at a time of profound loss. They are offered a glimpse into God's generous love which continues beyond death and brings the living and the departed into one community, and that, I think, is a message of great comfort and is about saying our life

is more than our short span of years on earth. We know that the number of church-led funeral services is in sharp decline, and this means people are not hearing this message. Any help churches have available to them to increase church-led funerals is a good thing."

During the pilot, the plan is to work with the team in Gloucester, who will have a Worcester phone number which will be the initial point of contact for funeral directors. They will be responsible for contacting the local ministry team to find someone to take the funeral and will also invoice the funeral director. The pastoral contact with the family will still be with the local minister if they wish, who will also liaise on the order of service as happens currently.

Sarah continued. "Research with funeral directors looking into the decline in church-led services highlighted the fact that ministers can often be hard to get hold of. Finding someone to take the service can take funeral directors a long time, particularly if the first person isn't available. With the new system, the admin team will have a list of available ministers who are happy to make themselves available for funerals, which means the families will still hear the Christian message if the local minister doesn't have capacity."

"I really can't see any disadvantages to this scheme," said Sarah. It's still possible for families and funeral directors to approach ministers directly if there is a personal connection — the minister will just send details to the funerals team for invoicing etc. We still keep the relationship with the families, but the reduction in administration should free up teams to focus on supporting bereaved families and other missional activities."

### Can you help knit a Poppy (or few)?

This year we would love to create a **Poppy Cascade** at St Peter's Church.

We will need about 6000 poppies – can you help make this happen?

Contact Lisa James on 07866654923 for further details.



### People who can't see should not drive!

So says a coroner, following a spate of four deaths caused by drivers who, in one case, could barely see his own steering wheel.

Dr James Adeley, the senior coroner for Lancashire, has said that letting motorists self-certify their fitness to drive is the 'laxest system in Europe', and is highly ineffective. And, until it is changed, road deaths will continue to be caused by drivers with failing eyesight.

Dr Adeley has sent a report to Heidi Alexander, the Transport Secretary, calling for action. He points out that the UK is one of only a handful of countries to use 'selfreporting' of any visual conditions that affect one's ability to drive.

Dr Adeley said: "The current system for 'ensuring drivers meet the visual legal standards is ineffective, unsafe and unfit to meet the needs of society."

The Department for Transport has responded: "The NHS recommends adults should have their eyes tested every two years and drivers are legally required to inform the DVLA if they have a condition which affects their eyesight.

### Are bananas really good for you?

On the one hand, bananas offer good things. They count as one of your five a day, carry only about 90 calories, and are packed with the essential mineral potassium (good in lowering blood pressure.)



### But they are not perfect...

So, here are some pros and cons of bananas:

**Pro:** High in potassium, good for heart health, lowers blood pressure, has Vitamin C, helps digestion, provides energy, full of fibre, cholesterol-free.

**Cons:** Can raise potassium levels too much (avoid them if you have kidney disease), can lead to wind and bloating, cause blood sugar spikes, weight gain, and disrupt sleep.

Overall, experts recommend eating no more than two bananas a day.

### Pentecost - not a Ghost but a Gift

We used to call it **Whitsun – 'White Sunday'** because long ago children marched to church in



white on that day. There are no processions nowadays, and we've even changed its name. It's now 'Pentecost', which is more accurate but needs explaining.

Pentecost marks a vital event in Christian history. It is celebrated 50 days after Easter. The year Jesus was crucified (which took place at the Passover), the remnant of His followers, just 120 of them, were together in an upper room in Jerusalem. They were afraid to show their faces in case the authorities arrested them. But on the day of Passover, they had an amazing collective experience.

They described it in terms of wind and fire, a great surge of spiritual energy and confidence. Afraid no longer, they burst out on to the streets where crowds were gathering for the festival, led by Peter they began to tell them about Jesus and His resurrection. As they did so, although many of the people in the crowd were foreigners who spoke other languages, everyone heard them in their own tongue. Peter told them that what they were seeing was the fulfilment of an old prophecy when God would pour out His Spirit on the human race, men and women, young and old.

As a result of His words and the extraordinary spectacle, 3,000 people believed and were baptised in the name of Jesus. They were the nucleus of what in 100 years would be a Church that would turn history upside down. For Christians Pentecost is in effect the birthday of the Church.

Many people find the whole idea of the Holy Spirit mysterious and elusive. It wasn't helped by the earlier title 'Holy Ghost'. The spirit is not spiritually a 'ghost' but a precious gift.

# ST ANDREW'S CHURCH THE TWO C'S MONTHLY TEAS

**Conversation & Company** 

For those who are lonely or bereaved.

Please come & join us for - **Traditional Afternoon Tea**Last Sunday of the month

Next Two C's - 29 June 2025 from 2.30 - 4.30

### Evesham Festival of Words Around the World in 30-ish Musicals Saturday 14th June 2025 7.00 pm



EODS (Evesham Operatic and Dramatic Society) returns to Festival of Words and

Bengeworth Church with a new Concert that will take you on a whistle stop tour around the world.

With songs from well-known musicals and those you might not think could exist, EODS will take you on the world trip that you didn't know you needed. With songs and words, it will be an evening to astound and amaze with the wonders of the (musical) world.

What are you waiting for, purchase your ticket now for the trip of a lifetime!

### Venue: Bengeworth Church

Tickets: £10.00, includes interval drink

(Children under 12 free of charge)

Book online via eveshamfestivalofwords.org or info@eveshamfestivalofwords.org or from Sue Ablett 0787 128 5606. Tickets also available from: The Almonry Museum. Call in person, Tel: 01386 446944 or email: tic@almonry.ndo.co.uk

# Long Lost Families, with Ariel Bruce Wednesday 11th June 2025 7.00 pm

Since its launch in 2011, Ariel Bruce has been the lead Social Work and Research Consultant on ITV's 'Long Lost Family' with Davina McCall and Nicky Campbell. Alongside this work she has also had the same role on ITV's innovative 'Born



Without Trace', in which Ariel and her team trace the families of foundlings using DNA. In addition to working on TV, Ariel also works with many private clients, carrying our searches for missing family members.

Described as the 'Agatha Christie' of the adoption world by the Daily Telegraph, Ariel Bruce is a Post Adoption Social Worker with over 30 years' experience tracing missing family members throughout the world.

### Venue: Evesham Rowing Club, Abbey Road, Evesham WR11 4ST

*Tickets:* £13.00 Come early and treat yourself to a drink at the bar. Book online via eveshamfestivalofwords.org or info@eveshamfestivalofwords.org or from Sue Ablett 0787 128 5606

### What else is happening round Evesham in June

### • Brush off the chill of winter and Swing into Summer with Bands in the Park 2025!

Peaceful music will be played every Sunday for Summer from May 25 onwards in Abbey Park. The popular free-of-charge music festival, Bands in the Park, is **back** for Summer 2025!

The festival will open on **25th May 2025 at 1:30pm**, and run every Sunday\* from 2:30-4:30pm in Evesham's scenic Abbey Park. There will be a dynamic blend of music and community spirit as more Swing, Silver and Brass bands perform throughout the season.

It is a summer you won't want to miss!

### • 30 / 31 May/1 June - Evesham Food and Music Festival

Taking place on Crown Meadow, the three-day festival will have food from across the world. Visitors will also be able to enjoy live tribute music from the likes of Elton John, Amy Winehouse and more.

### 21 / 22 June – Wartime in the Vale

It's one of the largest WWII military vehicle and re-enactment/Living History event in the country, so please come and join us and soak up the wonderful 40's atmosphere. It's a great family show with a mix of WWII & Post war military vehicles & vintage civilian displays at our WWII camp. Trade stalls, Arena displays, Tanks in action, Battle.

Visitors very welcome in period dress.

Gates open from 10.00am- 5pm (Pay on Gate, no pre-book) Day tickets only: Adults - £15, Children - £7 (5-14), Family £40 (2 adults + 2 children)

**Concessions £12** (Veterans, Pensioners & members of the Armed Forces)
Public Camping Fri & Sat night, Including Saturday night Dance.

### • 25 / 29 June - Evesham Walking Festival

Welcome to a fantastic, exhilarating walking festival in 2025 around the picturesque Evesham Vale and North Cotswolds.

This year the Evesham Walking Festival is bigger and better than ever. We have planned 25 delightful walks through some of the most beautiful parts of the region for you to choose from. Places on each walk are limited, so early booking is recommended.

And be sure to come to our social evening on Friday 27 June, — featuring Evesham Rock Choir, the event will be held at The Fleece Inn with a specially brewed Evesham Walking Festival 'Best Foot Forward' beer on offer.

### **Recycling Blister Packs**

It has been historically almost impossible to recycle blister packs. However, readers may not be aware that Boots now has a scheme for recycling these and other difficult-to-recycle items. (You will need a smart phone to use this system) The bonus is you can earn loyalty points for acting responsibly! Do visit the Boots web site for all the information and to find a store near you that is part of the scheme - usually only the bigger stores. Some branches of Superdrug which have pharmacies also offer this service.

To use the Boots service you will need to register and opt in by downloading the Recycle at Boots app

Log your empties in your Scan2Recycle app to be validated Once you have five items approved in your account head into store and scan the bin to deposit



Deposit 15 or more blister packs in one go you will receive  ${f 100}$ 

### Advantage Card points when you spend £5

### What do my empty blister packs get turned into?

When you use the blister pack recycling bin at your local Boots, your empty blister packs are taken to MYGroup to give the materials a new lease of life.

MYGroup separates the foil and plastic using a specialised machine and converts all the waste into something new. The now separated metal foil is recycled conventionally (aluminium is infinitely recyclable!) while the plastic is processed into a useable form again such as window frames or piping, or made into a material called MYBoardTM. Nothing goes to landfill and nothing is incinerated. MYBoardTM is used to make a variety of things including tables, children's playgrounds, chairs, garden planters, shop fittings and lots more.

## ST ANDREW'S TOTS HAMPTON GUIDE & SCOUT HALL

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Every Tuesday in term time, at 9.30am For further information:

Margaret Thomson 01386 47541

or look at our Facebook page

### **Reflecting Faith:**

The Revd Dr Jo White considers ......

For the last couple of months, we've been thinking about baptism, and last time we finished by saying that, even as late as the tenth century, only baptised people could stay in the church to watch, never mind actually consume, the celebration of the Eucharist.

This tells me how highly regarded the consecration of the bread and wine actually were, and still are, within the Church. Even today this is still the 'highlight' of the main Sunday service.

Everything we do within the service leads up to this special moment, when the priest offers the bread and wine to the people.

Prior to this, we've said prayers of penitence and have been absolved. We have heard stories from the Bible and had them expanded upon in a sermon.

We have stated our faith in response to this, and recognised God's awesome power by saying prayers of intercession for ourselves and others.

We have acknowledged God's amazing gifts of love and peace by sharing this with those around us, and we responded by offering to Him our gifts as token of our whole lives.

And then – finally we get to the Eucharistic Prayer.

As soon as this is concluded and the priest invites the congregation to come forward to receive the consecrated bread and wine, we are 'so overwhelmed' by the enormity of what is being offered to each of us that we 'fall on our knees' with the Prodigal Son and say, "Lord I am not worthy'.

**This month**: When you next go to a Communion Service, take note of the pattern of it as a whole and then 'think' about how you feel as you are invited to take the bread and wine.



### **Please Save Your Used Stamps**

**Your** used stamps are a great way to raise money for

Please put them in the box in Church OR leave in the porch at 110 Pershore Road

Please trim excess paper to a border of 1cm

### St Andrew's CE First School

### Successful Learners; Success for Life

The first half of the summer term has flown by, and the school has been a hive of activity. Pupils have remained engaged in their learning throughout the school day, with a wide range of extra-curricular clubs enriching their experience. Opportunities include athletics, drama, karate, yoga, and the ever-popular times tables club. In addition, guitar and piano lessons were available for children interested in learning to read and play music.

To round off the spring term, Year 5 enjoyed an exciting trip to Hampton Ferry as part of the launch for their new topic, *Evesham's Rivers*. The day began with peaceful observational drawing at the picturesque confluence of the Rivers Avon and Isbourne. Blessed with glorious sunshine, the group then walked to the ferry crossing, where they collected water samples for science experiments planned for the first week back. It was a fantastic opportunity to combine art, geography, and science in a real-world setting.



This half-term in Apples, the children are learning all about snails. Their book of the week is *Snail Trail*. Inspired by the artist Henri Matisse and his famous piece *The Snail*, the children created their own colourful snail designs using tissue paper. They also explored pattern-making by using a salad spinner and paint to form vibrant snail shell designs. It was a creative and joyful start to the new term!

The school is celebrating yet another sporting triumph - champions once again of the Evesham and District Football League Trophy! After progressing through their qualifying league earlier in the year with impressive wins over Harvington and Church Lench, the team secured a well-deserved place in the finals. Competing alongside group winners Honeybourne, St Mary's Evesham, and Bengeworth, the team kicked off their finals campaign with a hard-fought 1–1 draw against Honeybourne, showing remarkable resilience to equalise after conceding from their opponent's only shot on target.

Last week, Year 1 enjoyed a lovely walk to church in the sunshine. The children were exceptionally well-behaved and thoroughly enjoyed the experience. They sang hymns, including *He's Got the Whole World in His Hands*, and learned about the Easter service through the church's Easter garden display.

Reception have been learning about the 80th anniversary of VE Day. As part of their celebrations, they busied themselves creating Union Jack flags and decorating their classroom in honour of this important historical event. (continued next page)

### St Andrew's CE First School (cont.)

In Pears Class, the focus this week has been on bees and the flowers they love to visit for nectar. The children created bees using a range of materials including playdough, pinecones, and multilink cubes. They also enjoyed making honey sandwiches. During Forest School, the class got creative making insects from natural treasures found on the ground. The session also highlighted the children's excellent teamwork, with pupils helping each other challenges; a true testament to the strong friendships they've formed.

Russet Class had an exciting forest adventure with Mr Walton as part of their *Extreme Survival* topic. The pupils explored what is necessary to survive in harsh environments before participating in a team-building challenge. Working in groups of three, they searched for hidden Arctic animals and recorded their locations using a compass - all while remaining connected by a single piece of string throughout the activity! It was a fun and engaging way to build cooperation, resilience, and problem-solving skills.

We have lots more exciting things planned for the last half-term and we look forward to telling you about these in the next edition of the Herald.

Joel Turvey – Headteacher

office@st-andrews.worcs.sch.uk Tel: 01386 41351

### Open Farm Sunday - 8th June

Do you have any farms near to where you live? Then this month, they might just provide you with an interesting day out!

For June brings Open Farm Sunday, which can be a "fabulous opportunity for the public to discover the crucial work farmers do in producing food, nurturing nature, and protecting the environment for future generations."



So says the website, <a href="www.farmsunday.org">www.farmsunday.org</a> . And on the day, nearly 200 farms throughout the country will be welcoming the public to come and see their farms.

From Inverness to Cornwall, about 170 farms will be putting on guided tours, self-guided walking routes and static displays as part of the event. Visitors will be able to take part in a national pollinators survey. This will involve standing near a crop area for five minutes to count pollinating insects before doing a comparative count in a different habitat.

The day is organised by the group Linking Environment And Farming (LEAF).

### RECIPE - Easy Chocolate Fudge Cake

### **Ingredients**

- 150ml sunflower oil
- plus extra for the tin
- 175g self-raising flour
- 2 tbsp cocoa powder
- 1 tsp bicarbonate of soda
- 150g caster sugar
- 2 tbsp golden syrup
- 2 large eggs, lightly beaten
- 150ml semi-skimmed milk

### For the icing

- 100g unsalted butter
- 225g icing sugar
- 40g cocoa powder
- 2½ tbsp milk, (a little more if needed)

### Method

- Heat the oven to 180C/160C fan/gas 4. Oil and line the base of two 18cm sandwich tins. Sieve the flour, cocoa powder and bicarbonate of soda into a bowl. Add the caster sugar and mix well.
- Make a well in the centre and add the golden syrup, eggs, sunflower oil and milk. Beat well with an electric whisk until smooth.
- Pour the mixture into the two tins and bake for 25-30 mins until risen and firm. to the touch. Remove from oven, leave to cool for 10 mins before turning out onto a cooling rack.
- To make the icing, beat the unsalted butter in a bowl until soft. Gradually sieve and beat in the icing sugar and cocoa powder, then add enough of the milk to make the icing fluffy and spreadable.
- Sandwich the two cakes together with the butter icing and cover the sides and the top of the cake with more icing.

















### Sudoku – Easy

			7	8	6	3		
3	4				9			8
			2				7	1
	7				3	1		
9	9 5	2	4		8	6	3	7
		6	9				4	
4	6				1			
2	2		8				1	3
		3	5	4	2			

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Sudoku - Medium

		5	9		1		8	
2		9	7					
	6			2	5			
		4						
	5		6	3	4		1	
						5		
			5	1			4	
					2	6		7
	2		4		3	9		

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Solutions on page 6

### **VALE TURF SUPPLIES**

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E-mail: louisestuartneedlecraft@gmail.com

### Thomson Podiatry Rosanna Thomson (BSc Hons) MChS

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Mob: 07881372125

E-mail: rosieclaire12@gmail.com

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### **SERVICES FOR JUNE 2025**

	1 June	- Seventh Sunday of Easter						
	8am	Holy Communion	Hampton					
	10am	Benefice Eucharist	Sedgeberrow					
Acts 16: 10	Acts 16: 16-34; Revelation 22: 12-14, 16-17, 20-end; John 17: 20-end							
Wednesday 4	10am	Holy Communion		Hampton				
		8 June – Pentecost						
	8am	Holy Communion	Hampton					
	10am	Parish Eucharist	Hampton					
	11am	Morning Praise	Hinton (with)					
			Sedgeberrow					
Acts 2: 1-21 OR Gen	esis 11: 1-9	; Romans 8: 14-17 OR Acts 2: 1-21; Jo	hn 14: 8-17 [25-2	27]				
Wednesday 11	10am	NO Holy Communion		Hampton				
	15	5 June – Trinity Sunday						
	8am	Holy Communion	Hampton					
	10am	Morning Praise	Hampton					
	10am	Holy Communion	Sedgeberrow					
Pro	overbs 8: 1-4	4, 22-31; Romans 5: 1-5; John 16: 12-1	15					
Wednesday 18	10am	Holy Communion		Hampton				
	22 Jur	ne - First Sunday of Trinity						
	8am	Holy Communion	Hampton					
	10am	Parish Eucharist	Hampton					
	10am	Morning Praise	Sedgeberrow					
	Isaiah 65: 1-9; Galatians 3: 23-end; Luke 8: 26-39							
Wednesday 25	10am	Holy Communion		Hampton				
	29 June — Second Sunday of Trinity							
	8am	Holy Communion	Hampton					
	10am	Benefice Eucharist	Hampton					
1 Kings	s 19: 5-16 <i>,</i> 19	9-end; Galatians 5: 1, 13-25; Luke 9: 5	1-end					

### **SERVICES FOR JULY 2025**

Wednesday 2	10am	Holy Communion	Hampton				
6 July - Third Sunday of Trinity							
	8am Holy Communion						
	10am	Benefice Eucharist	Hinton				
Isaiah	Isaiah 66: 10-14; Galatians 6: [1-6], 7-16; Luke 10: 1-11, 16-20						
Wednesday 9	10am	Holy Communion	Hampton				
	13 Jul	y - Fourth Sunday of Trinity					
	8am	Holy Communion	Hampton				
	10am	Parish Eucharist	Hampton				
	11am	Morning Praise	Sedgeberrow w. Hinton				
Deu	Deuteronomy 30: 9-14; Colossians 1: 1-14; Luke 10: 25-37						
Wednesday 16	10am	Holy Communion	Hampton				

### Merstow Green Funeral Home

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**Kevin Bowen** 

Carol Phillips DipFD

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